



Cassie Oury's Children's School of Tae Kwon-Do



Instructor Cassie Oury

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Grading Requirements

 2nd Dan (Black Belt) to 3rd Dan (Black Belt) 

Theory

Ko Dang (39 movements) is the pseudonym of the patriot Cho Man Sik who dedicated his life to the Korean independence movement and the education of the Korean people. The pattern's 39 movements signify his periods of imprisonment and his birthplace on the 39th parallel.

Eui Am (45 movements) is the pseudonym of the patriot Son Byong-Hi who was leader of the Korean Independence Movement on 1st March 1919. The patterns 45 movements relate to his age when he changed the name of the religious sect known as Dong Hak (Oriental Culture) to Chondo Kyo (Heavenly Way Religion) in 1905. The pattern's movement plan represents indomitable spirit, displayed while dedicating himself to the prosperity of his nation.

Choong Jang (52 movements) is the pseudonym of General Kim Duk Ryang of the Yi dynasty who lived during the fifteenth century. The pattern ends with a left hand attack to symbolise the General's death in prison at the age of just 27.

Foreknuckle fist
Horizontal knife-hand
strike

Inji joomuk
Soopjang taerigi

Back hand strike
Double finger thrust

Songdung taerigi
Doo songarek tulgi

Practice

Ko Dang
Eui Am
Choong Jang